

Full Moon Messages using The ORIGINS Process

Selected on July 26, 2010

These insights are offered in the Light of Love to help us reconnect to and balance these energies within ourselves. They are 'stepping stones' and thoughts to consider as we continue our journey toward manifesting that which we have seeded during the New Moon. Now is the time to joyfully acknowledge the growth and share that joy with others. The moon cycle of seeding, nurturing, harvest, sharing and receiving is celebrated in this process. Enjoy the journey!

Note: As you read the messages, simply focus on the word and phrase and then listen to your own inner voice. How do you feel? Is it affirming to what you're doing now? Is it something that you should consider doing? These are the types of questions that help you move inward toward your truth...one step at a time. Don't worry about the elemental notation of air, fire, water or earth, the number or the flower reference right now. Simply focus on the single word and phrase.

Day 1 - Mon. July 26

Spiritual Motivation:

Air 10: AWAKENING - Remember your hopes and dreams

Creative Action:

Earth 8: ABILITY - Use your experience and skills to move ahead

Mental Thoughts:

Water 14: EMPATHY - Balance your actions with faith and conviction

Physical/Emotional:

Air 14: LEADERSHIP - Let the light shine from you

Day 2 - Tues. July 27

Spiritual Motivation:

Lotus 29: VISION - You see the Oneness in all things

Creative Action:

Sunflower 21: BUFFALO / ABUNDANCE - Your efforts have created an abundance that now you can share

Mental Thoughts:

Chrysanthemum 6: FULFILLMENT - The love that is shared nourishes and fills the eternal soul

Physical/Emotional:

Sunflower 19: DEER / GENTLENESS - The love reflected in your eyes reveals the hidden beauty in your life

Day 3 - Wed. July 28

Spiritual Motivation:

Pinecone 26: REGALES (Leo) / IGNITION - Allow your creativity to lead your way

Creative Action:

Chrysanthemum 6: FULFILLMENT - The love that is shared nourishes and fills the eternal soul

Mental Thoughts:

Lotus 13: STRENGTH - Stand by your principles and convictions

Physical/Emotional:

Sunflower 24: FROG / METAMORPHOSIS - Bring your worlds together so that your vision is one of completion and fulfillment

Day 4 - Thurs. July 29

Spiritual Motivation:

Pinecone 4: THE MOON / REFLECTION - The moon is a mirror to our hidden passions

Creative Action:

Chrysanthemum 29: SPIRAL - The echoes of the Universe are continuous circles forever expanding

Mental Thoughts:

Earth 5: EMPTINESS - There is a reason for all things

Physical/Emotional:

Pinecone 31: CANOPUS (The Ship) / JOURNEY - Travel to the stars to complete your quest

Day 5 - Fri. July 30

Spiritual Motivation:

Lotus 33: ONENESS - All is One

Creative Action:

Chrysanthemum 7: SEPARATION - When the heart is broken, it remains separated from itself

Mental Thoughts:

Chrysanthemum 24: PEACE - It is by the joining of all things through the act of love that we become one

Physical/Emotional:

Fire 6: ACCUSATION - Stay on course and ignore the voices of dissent

Day 6 - Sat. July 31

Spiritual Motivation:

Earth 5: EMPTINESS - There is a reason for all things

Creative Action:

Air 8: TRUTH - Walk the path of righteousness

Mental Thoughts:

Chrysanthemum 1: THE SUN - Let the sun's warm rays of each new day renew your love for life

Physical/Emotional:

Sunflower 32: SQUIRREL / CONCEALMENT - You hide things from yourself and others

Day 7 - Sun. Aug. 1

Spiritual Motivation:

Earth 10: CONFIDENCE - The joy of sharing is in giving

Creative Action:

Chrysanthemum 10: UNION - It is in the joy of joining opposites that balance is achieved

Mental Thoughts:

Chrysanthemum 12: PRAISE - Let your words be true so that they may ignite the truth and love in others

Physical/Emotional:

Sunflower 21: BUFFALO / ABUNDANCE - Your efforts have created an abundance that now you can share

Day 8 - Mon. Aug. 2

Spiritual Motivation:

Earth 12: GIFTS - Enrich your life by experiencing your love

Creative Action:

Earth 11: RESTORATION - Travel to your dreams for there you will find rest

Mental Thoughts:

Water 10: CONTENTMENT - Discover the value of what you do

Physical/Emotional:

Water 13: MYSTERY - Explore the power of your spirit

Day 9 - Tues. Aug. 3

Spiritual Motivation:

Air 8: TRUTH - Walk the path of righteousness

Creative Action:

Fire 12: INSPIRATION - Allow the fire of your mind to create

Mental Thoughts:

Earth 9: INTROSPECTION - Look once more into yourself

Physical/Emotional:

Water 11: GROWTH - Focus on your destination and desires

Day 10 - Wed. Aug. 4

Spiritual Motivation:

Sunflower 27: BAT /LISTENING - What you hear influences what you see

Creative Action:

Lotus 2: LIGHT - The dawning of a new day

Mental Thoughts:

Lotus 13: STRENGTH - Stand by your principles and convictions

Physical/Emotional:

Pinecone 15: LIBRA / MERCY - Balance is everything

Day 11 - Thurs. Aug. 5

Spiritual Motivation:

Chrysanthemum 34: CONVERGENCE - Truth, beauty and peace will find their true value within the union of body, mind and spirit

Creative Action:

Sunflower 22: SNAKE / REGENERATION - Join your mind and body so that the process of your transformation is one of joy and happiness for you and others

Mental Thoughts:

Fire 11: REAWAKENING - Probe deeper into the mysteries around you

Physical/Emotional:

Pinecone 16: VIRGO / DISCERNMENT - Separate the wheat from the chaff

Day 12 - Fri. Aug. 6

Spiritual Motivation:

Lotus 30: JOY - You have found your freedom

Creative Action:

Chrysanthemum 1: THE SUN - Let the sun's warm rays of each new day renew your love for life

Mental Thoughts:

Earth 12: GIFTS - Enrich your life by experiencing your love

Physical/Emotional:

Chrysanthemum 3: THE BELL - The sound of love's vibration awakens the sleeping heart

Day 13 - Sat. Aug. 7

Sunflower 25: DOLPHIN / COMMUNICATION - You plunge in and out of the spiritual world in order to share your spiritual freedom with others...using the word "Creation" as your guide. The single word, "Creation" was manifested by the Initiators during a specific process of connection at the beginning of this moon ceremony prior to the selection of this single gem and offers us a reflection as to how we can bring our energies into a state of balance and harmony at this time.

Full Message from the ORIGINS Guidebook:

The dolphin focuses its vision on its watery, spiritual world, sharing its joy and freedom with those who join them. He communicates this joy through a series of what could be described as laughter and exudes his childlike behavior by leaping in and out of his watery world. Surfacing only briefly to catch a glimpse of sunlight and breathe so that it can return to its spiritual realm once more. At this time you are submerged in your spiritual quest and are looking at the effects that it is having on your perception. Things that once held great importance for you are no longer as important now. Your feelings of exhilaration, joy and freedom brought from this new vision has given you now the desire to share your insight and new perspective with others. Take time to surface and express your thoughts. The joy comes from sharing with others as well as your own joy from this spiritual insight. Free from earth bound realities, you now can travel the oceans of opportunities that offer you the freedom that comes from recognizing the desires of your soul and the joy and innocence that is the child within. By joining with those who travel with you, you find the support and security that is necessary to sustain your freedom and growth. This is a very important time for you to communicate and share your visions with others so that they may find for themselves this freedom.

Day 14 - Sun. Aug. 8

Spiritual Motivation:

Lotus 32: CONVICTION - You have empowered yourself by discovering your truth

Creative Action:

Sunflower 17: ELK / PERSISTENCE - You see your destination in the far distance and realize that you can reach it through perseverance and endurance

Mental Thoughts:

Pinecone 30: SIRIUS (Canis Major) / RETURN - Back to the beginning to begin again

Physical/Emotional:

Sunflower 26: WHALE / MEMORIES - Releasing your vision of the past brings a greater joy to your current situation

Influencing Universal Energies from ABOVE:

Feminine: Chrysanthemum 14: SECURITY - Peace of mind is a state of being, not a person, place or thing

Masculine: Chrysanthemum 4: JUDGMENT - Release the old opinions and attitudes to make room for the new

Influencing Universal Energies as they manifest through us BELOW on earth:

Feminine: Fire 11: REAWAKENING - Probe deeper into the mysteries around you

Masculine: Earth 6: OFFERING - Richer returns come to those who give (from within)