

# New Moon Messages from The ORIGINS Process

*Selected on January 22, 2012*

*These insights are offered in the Light of Love to help us reconnect to and balance these energies within ourselves. They are 'stepping stones' and thoughts to consider as we plant our 'seed of loving intention' within ourselves during this New Moon energy as to what we would love to see manifested during this moon cycle. The moon cycle of seeding, nurturing, harvest, sharing and receiving is celebrated in this process. Enjoy the journey!*

The single word generated at that beginning of the ceremony:

**WHITE**

All messages relate to this word during this moon cycle.

As you read the daily messages, focus on the single word and phrase for each energy: Creative Action, Spiritual, Physical/Emotional, Mental...these are energies within each of us. Listen to your own inner voice. How do you feel? Is it affirming to what you're doing now? Is it something that you should consider doing? These are the types of questions that help us move inward toward our truth...one step at a time. You may also consider the energy of the Element and Flower that is being reflected as you read the messages:

EARTH reflects our Physical Emotional energy

WATER reflects our Spiritual Motivation through the memories of our past

FIRE reflects our Mental Thoughts

AIR reflects our Creative Expression and Action

The LOTUS Flower reflects our Beliefs and Convictions

The SUNFLOWER reflects our Perception

The CHRYSANTHEMUM reflections our Compassion and Self-Love

The PINECONE reflects our Will and Purpose

The Subconscious message is generated by the Initiator as a reflection of undercurrent energy flowing below our awareness that has an influence on the Gem selected and offers yet a deeper level of inner connection.

Day 1- Tues. Jan.24

**Creative Action:**

Chrysanthemum 10: UNION - It is in the joy of joining opposites that balance is achieved

Subconscious: SEPARATION - Pain is unbearable when we are separated from our true selves

**Spiritual Motivation:**

Pinecone 16: VIRGO / DISCERNMENT - Separate the wheat from the chaff

**Physical/Emotional:**

Fire 7: MOVEMENT - Take action and execute your plans

**Mental Thoughts:**

Fire 5: RECOGNITION - Stand and be recognized for your efforts

Subconscious: UNRECOGNIZED - Isolation and sadness fill the lonely heart

Day 2 - Wed. Jan.25

**Creative Action:**

Air 4 - PREPARATION - Prioritize your goals and make your plans

Subconscious: SPONTANEOUS - Go with the flow

**Spiritual Motivation:**

Water 7: BELIEF - Strengthen your convictions

**Physical/Emotional:**

Pinecone 25: ARTERIES (Scorpio) / INTELLECT - When compassion and knowledge are in conflict there is no peace

**Mental Thoughts:**

Fire 4: RESOLUTION - Find your balance and connect to your purpose

Subconscious: UNRESOLVED - Pending issues without decision prevents movement and change

Day 3 - Thurs. Jan. 26

**Creative Action:**

Sunflower 15: MOUNTAIN LION / PERSONAL POWER - Solitude and clear vision create the power that brings respect and leadership

Subconscious: BIG EGO - The masks you wear deceive yourself and cover your fears

**Spiritual Motivation:**

Lotus 34: TRANSFORMATION - The end of a journey is the beginning of another

**Physical/Emotional:**

Air 13: HARMONY - Join with the rainbow

**Mental Thoughts:**

Lotus23: UNDERSTANDING - You now see the big picture and the Universal Truth

Subconscious: CONFUSION - The silent heart leads the mind to madness

Day 4 - Fri. Jan. 27

**Creative Action:**

Air 9: EXHAUSTION - Illuminate your fears

Subconscious: ENERGIZED - Living your truth fills you with life

**Spiritual Motivation:**

Pinecone 1: DAWN - Awaken the light within your heart

**Physical/Emotional:**

Sunflower 20: BEAR / RENEWAL - Deep introspection and subconscious messages bring solutions to the discomfort and fear you feel within

**Mental Thoughts:**

Lotus 22: KNOWLEDGE - Share your wisdom with peers and loved ones

Subconscious: IGNORANCE - Ignorance obscures self-discovery

*Day 5 reflects the balance point within each of the Four Directions. If you only want to focus on one message during this Moon Phase, Day 5 offers this insight of balance.*

Day 5 - Sat. Jan. 28

**Creative Action:**

Chrysanthemum 4: JUDGMENT - Release the old opinions and attitudes to make room for the new

Subconscious: COMPASSION - Recognition and acceptance of All

**Spiritual Motivation:**

Pinecone 30: SIRIUS (Canis Major) RETURN - Back to the beginning to begin again

**Physical/Emotional:**

Pinecone 23: AQUARIUS / BLISS - The light of self-awareness comes from within

**Mental Thoughts:**

Chrysanthemum 21: PRESERVATION - By having respect for all things, we experience love for all things now and in the future

Subconscious: DESTRUCTION - The destruction of the old brings forth something new

Day 6 - Sun. Jan. 29

**Creative Action:**

Sunflower 31: LYNX / OBSERVATION - Careful attention directs you to your goals

Subconscious: SCATTERED - Too many activities distract you from your purpose

**Spiritual Motivation:**

Lotus 12: RELATIONSHIPS - Build your rainbow bridge

**Physical/Emotional:**

Earth 3: REWARDS - An early harvest is yours

**Mental Thoughts:**

Chrysanthemum 10: UNION - It is in the joy of joining opposites that balance is achieved

Subconscious: DIVISION - The separation of the One breeds conflict within the two

Day 7 - Mon. Jan. 30

**Creative Action:**

Water 5: REGRETS - Move ahead and do not turn back

Subconscious: PEACE - Choosing consciously in every moment creates a channel of awareness

**Spiritual Motivation:**

Pinecone 20: TAURUS / PERCEPTION - Let your intuition be your Guide

**Physical/Emotional:**

Pinecone 10: NEPTUNE / SENSITIVITY - The harmony of the mind, body and spirit creates the unity for understanding

**Mental Thoughts:**

Lotus 34: TRANSFORMATION - The end of a journey is the beginning of another

Subconscious: OSSIFIED - Frozen and resistant to change

Day 8 - Tues. Jan. 31

**Creative Action:**

Sunflower 4: BUTTERFLY / CHANGE - Your changing vision brings freedom, joy and beauty

Subconscious: STAGNATION - When there is no growth, you are just waiting to die

**Spiritual Motivation:**

Air 8: TRUTH - Walk the path of righteousness

**Physical/Emotional:**

Pinecone 22: PISCES / RELEASING - Rebirth is a new creation

**Mental Thoughts:**

Lotus 8: SECRETS - Illuminate the mystery

Subconscious: OBVIOUS - When things are so obvious, the mind pays no attention

Day 9 - Wed. Feb. 1

**Creative Action:**

Fire 11: REAWAKENING - Probe deeper into the mysteries around you

Subconscious: SNOOZE (button) - You resist waking up

**Spiritual Motivation:**

Lotus 23: UNDERSTANDING - You now see the big picture and the Universal Truth

**Physical/Emotional:**

Earth 14: REBIRTH - It is time for you to begin another journey

**Mental Thoughts:**

Lotus 26: SINCERITY - Your wisdom awakens others to their truth

Subconscious: PHONY - Artificial pretense covers your truth

Day 10 - Thurs. Feb. 2

**Creative Action:**

Fire 3: GENEROSITY - Share the warmth and joy of this time

Subconscious: MISERLY - You hold on out of fear

**Spiritual Motivation:**

Chrysanthemum 8: BIRTH - It is within the silence of our darkness that love's vibration is first heard

**Physical/Emotional:**

Lotus 34: TRANSFORMATION - The end of a journey is the beginning of another

**Mental Thoughts:**

Sunflower 31: LYNX / OBSERVATION - Careful attention directs you to your goals

Subconscious: DISTRACTION - Constant distractions keep you going in circles

Day 11 - Fri. Feb. 3

**Creative Action:**

Sunflower 2: HUMMINGBIRD / HAPPINESS - Your heartbeat awakens you to love  
Subconscious: DESPAIR - A heavy heart cannot dance

**Spiritual Motivation:**

Air 8: TRUTH - Walk the path of righteousness

**Physical/Emotional:**

Sunflower 17: ELK / PERSISTENCE - You see your destination in the far distance and realize that you can reach it through perseverance and endurance

**Mental Thoughts:**

Earth 3: REWARDS - An early harvest is yours  
Subconscious: PENALTY - The result for non-action is loss

Day 12 - Sat. Feb. 4

**Creative Action:**

Air 12: INNOCENCE - Return to your innocence  
Subconscious: JADED - Walls that keep out threats also keep out love

**Spiritual Motivation:**

Earth 1: ACCUMULATE - Gather your resources before you begin

**Physical/Emotional:**

Sunflower 19: DEER / GENTLENESS - The love reflected in your eyes reveals the hidden beauty in your life

**Mental Thoughts:**

Fire 11: REAWAKENING - Probe deeper into the mysteries around you  
Subconscious: FORGETTING - Thoughtless action creates a mess

Day 13 - Sun. Feb. 5 - all directions come into a place of balance on this day

**Fire 9: LETTING GO...***using the word "White" as your guide. The single word, "White" was manifested by the Initiators during a specific process of connection at the beginning of this moon ceremony prior to the selection of this single gem and offers us a reflection as to how we can bring our energies into a state of balance and harmony at this time. Reminder...Fire is the element of the Mind.*

**Full Message from the ORIGINS Guidebook:**

Fire 9: LETTING GO  
"Release the fear and experience your freedom"

It is a time of great confusion and self doubt. You are questioning the value of your brilliant success. You feel overwhelmed with the myriad of decisions you must constantly make to keep your dreams alive. You are trying to do too much and your true strength and creative power are being smothered by other distracting concerns. You must refuel your spirit and understand that some things must wait their turn. You cannot experience the pleasure of your success unless you take pleasure in the experience. Everything cannot be resolved at once. Do not force your decisions; relax, unwind and rest. The smoky confusion will dissipate with a fresh perspective and the powerful energy that you need to continue your journey will once more return. Perhaps your concern is more with the inner fears that you sometimes feel. Become more aware of the consequences that you create as a result of your fears. Allow the desire, that is your love, to once more fill your heart. Remember, your actions are but a small part of a greater force that moves us all.

Day 14 - Mon. Feb. 6

**Creative Action:**

Chrysanthemum 12: PRAISE -Let your words be true so that they may ignite the truth and love in others  
Subconscious: CRITICIZE - Words of judgment cause pain and anguish in others

**Spiritual Motivation:**

Chrysanthemum 13: UNCERTAINTY - Fear is our greatest enemy - wondrous joy and peace come from living fully within the moment

**Physical/Emotional:**

Pinecone 25: ARTERIES (Scorpio) INTELLECT - When compassion and knowledge are in conflict there is no peace

**Mental Thoughts:**

Air 6: TRIUMPH - Visualize your dreams  
Subconscious: FAILURE - Failure is an opportunity to learn

**Influencing Universal Energies from ABOVE:**

Feminine: Lotus 17: SURRENDER - Experience your freedom  
Masculine: Earth 6: OFFERING - Richer returns come to those who give from within

**Influencing Universal Energies as they manifest through us BELOW on earth:**

Feminine: Fire 5: RECOGNITION - Stand and be recognized for your efforts  
Masculine: Water 11: GROWTH - Focus on your destinations and desires