To help ease the stress, anxiety and feelings of disconnection within and around us, this is an invitation to host/sponsor a unique 30-60 minute musical experience that relaxes the body, calms the mind, and gently soothes the soul.

PEACEFUL MOMENTS

In a quiet safe space, relax and exhale into this beautiful solo harp journey of inspired melodies, effortlessly woven together into a seamless tapestry of therapeutic sound. Amy's tender music gently opens the heart and lovingly wraps you in a blanket of serenity, peace and harmony, awakening feelings of connection within and around you.

This unique experience (in-person or virtual) is available year-round for Churches, Community Organizations, Corporations, Medical Facilities, Wellness Programs, Special Events, Retirement Homes, Private Home Gatherings, Individuals, and more...

Each experiential program is customized to meet your needs. Contact Amy to begin:

The Healing Harpist@gmail.com

Amy Camie is a therapeutic harpist, certified clinical musician, speaker, author and educator who has played harp professionally for over four decades. Research has indicated how her solo harp music reduces pain, distress, and anxiety levels. www.TheHealingHarpist.com



A Sampling of How This Music Changes Lives...

to read more: https://www.amycamie.com/testimonials.html

"Amy, your music takes me to deep places within and places I've never been!" ~ K.L.

"Amy, **God writes a gospel not in the Bible alone**; but also on trees, on the flowers and clouds, on the face of a little child **and in your music**." ~ Sister Joan

Your gift of music is such a healing experience for all of us. May the angels continue to lead you through the light!! ~ Affectionately, Sister Annette

"You touch others in such a deep place with your music...because it comes from such a deep place inside of you." ~ Marti S.

"I am an Eden Energy Medicine Advanced Practitioner & Pharmacist. I play your music during my EEM sessions & consider it better than Xanax. Thanks for your effort! God gave you a beautiful gift & you use it well." ~ Blessings, Laura B.

"Just want to say your music has been a blessing in our lives (my wife and I). I bought her The Magic Mirror when she was going through breast cancer treatment. **She listened to it every night to ease her fears and sleep**. It was a blessing." ~ Blessings, Chris

"The Miracle of Your Music" - Gary has been **dealing with increased panic attacks**, feeling as if he is suffocating and the walls are closing in on him...they come every day and night in waves of physical and emotional misery. **He can't sleep**, not even if he sits in a recliner. **Amy, the ONLY thing that helps is your music!** I play the CD on a loop in the bedroom and he is able to sleep. He is completely in a deep sleep. This is so wonderful! I know that this is helping his mind and body heal from these panic attacks. **I know that your music is the best medicine for soothing the scars of his heart and soul.** Your inspiration is a gift to all of us who are touched by your music and your sweet spirit. I am so very grateful to you. You are an inspiring example to the world." ~ Toni G.

Your music has had an incredibly positive effect on my mental health and well-being. Your music is not only beautiful, it is soothing, relaxing and most importantly calming. Mike Fayette, President (Volunteer), Voices of the Wounded Foundation Retired, US Army, March 1982 – March 2013

Published Research

Effect of Specific Music on Psychoneuroimmunological Responses "The results of these studies suggest that listening to The Magic Mirror solo harp CD can be used in combination with other therapy for cancer or physiologically stressed patients to reduce the magnitude and duration of the effect of their disease." Waheed A, Kossor D, Collins W, Camie A (2018) Effect of Specific Music on Psychoneuroimmunological Responses. Int J Oncol Res 1:012.