

Amy Camie, CCM

CERTIFIED CLINICAL MUSICIAN
SPIRITUAL HARPIST
CONSCIOUS SELF-CARE ADVOCATE

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SPEAKING TOPIC

Conscious Self-Care

Using the harp to demonstrate different frequencies within and around us, Conscious Self-Care seminars help audiences understand how their energetic presence affects those around them. From this perspective, it becomes clear why it's important take care of themselves, especially as they care for others. Conscious Self-Care:

*** *Expands perceptions***

*** *Empowers individuals to make intentional choices***

*** *Inspires compassionate change***

*Content can be adapted for your event ~
Luncheon Speaker, Seminar, Keynote, or Retreat*

SAMPLING OF CLIENTS

Siteman Cancer Center – Washington University
United States Dept. of Agriculture – National Statistics Service
Greater St. Louis Hospice Organization
Greater St. Louis Chapter Oncology Nursing Society
Gateway End-of-Life Coalition
St. Louis University School of Social Work
A Gathering Place Massage Therapy School
Ladue Chapel Stephen Ministry
St. Anthony's Wellness Program
Missouri Baptist Grief Support Volunteer Training
Healing Touch International Conference

WHAT PEOPLE ARE SAYING

"SO RELEVANT to interpersonal relationships and social work in a professional setting - THANK YOU!

Conference Attendee's Evaluation Form

"As an engineer, we're taught these concepts. I just never thought to apply them in this way."

Conference Attendee's Evaluation Form

"Amy's knowledge of music, sound healing, energetic presence, self-care techniques, and her research studies make for a very interesting presentation. The feedback from our members was excellent and they wished we had more time."

~ Joan Bretthauer, M.S., B.S.

President, Gateway End-of-Life Coalition

ABOUT AMY

Amy Camie is a Certified Clinical Musician, classically trained Spiritual Harpist, Conscious Self-Care Advocate, inspirational speaker, recording artist, composer, author, and Co-Initiator of The ORIGIN Method of Self-Discovery. For the past 15 years she has shared hundreds of presentations on *Vibrational Awareness & The Healing Power of Music* with local, regional and national audiences.

In December 2010, her first of two breast cancer diagnoses provided an unexpected excuse to slow down and start taking care of herself instead of taking care of others. This is when her personal "conscious self-care" journey began.

Now Amy combines her therapeutic healing harp music, personal experiences, and a clear understanding of vibrational resonance in this fresh and inspiring talk that expands perceptions of "Conscious Self-Care."