

Testimonials for "The Magic Mirror" Solo Harp CD

For more information: www.amycamie.com

Two saliva sample pilot studies were conducted with 17 other individuals that indicated a sustained impact on immune system biomarkers for up to 72 hours after listening to the CD once. Dr. Waheed summarizes these results by stating:

These results suggested that the effect of "The Magic Mirror" listening is very effective and could be used in combination with other therapy for cancer or physiologically stressed patients to minimize the effect of their disease.

Abdul Waheed, Ph.D., Research Professor, Edward A. Doisy Department of Biochemistry and Molecular Biology at St. Louis University School of Medicine

What has really surprised me with your music is that it is not giving me the feeling I usually have while I am listening to other music. Usually, music keeps my mind busy because it follows some kind of harmonious rules (such as when I experiment with classical music). Instead, with your music I feel more connected with what could be called the abstract mind (right brain) and the music makes the border between the two minds (lower and abstract) more apparent (it is a funny and pleasant feeling). **I feel your music "speaks" to the right brain and stops the left one from running and being locked in negative patterns of thought (where I think tensions are expressed).** This probably allows the entrance of positive and balanced energy in the body and then we feel better and eventually start to heal.

With Gratitude,
Dr. Sébastien Cayzac
Centre de Neurosciences Intégratives et Cognitives
Bordeaux 1 University, France

Our Quantitative EEG pilot study research with four cancer patients indicated **listening to "The Magic Mirror" CD once a day for 10 days increased neurological functioning and had a direct positive impact on brainwaves disrupted by stress and trauma in 100% of those measured.**

Subjective questionnaires also indicated these patients felt "more relaxed, less anxious and able to focus." In 3 of the 4 patients tested, their elevated High Beta frequencies, experienced as hyper alertness and agitation, and Asymmetry, communication between the hemispheres, tended to normalize.

William Collins, Ph.D.,
Reintegrative Health Institute, St. Louis, MO

Amy Camie has been a pioneer in composing, performing and researching the role music plays in healing our bodies. For years she has played her harp for those in hospital outpatient departments soothing the nerves and bringing joy to staff and patients alike. What is more, her beautiful composition 'The Magic Mirror' has been shown through scientific research to enhance the listener's immune system, inducing a state of relaxation and contentment that is the perfect antidote to the considerable stresses borne by people undergoing therapy for cancer. I play this piece to all patients with cancer and other chronic conditions in my medical office, and never tire of its simple beauty.

Robin Kelly is a medical doctor, researcher, multi-award-winning author, TEDx presenter and musician from New Zealand. His book *The Human Hologram – Living Your Life in Harmony with the Unified Field*, was awarded 'Science Book of the Year' in 2011. His previous book *The Human Antenna - Reading the Language of the Universe in the Songs of Our Cells*, was awarded 'Science Book of the Year' in 2008.

Testimonials for "The Magic Mirror" Solo Harp CD

For more information: www.amycamie.com

Have you ever watched a movie with one friend and then watched it again with another friend and noticed how your experience of the movie changed? When we are together, we tend to see things a bit through each other's eyes, hear through each other's ears, and feel through each other's heart. It is simply the ability to sense and respond to another person's presence that expands our own scope of vision and understanding. Some people have a more keenly developed sensitivity to others and are gifted with the ability to respond with compassion and comfort. **Amy blends this sensitivity with her highly evolved musical and creative skills, allowing her to intuitively create music suited to the delicate needs of those who are suffering from chronic or debilitating illness.** The tenderness of her heart and her kind intention flows through the music she creates, affecting mind, body, and spirit. The music she creates not only soothes and encourages people in ways that are obvious to her listeners, but are being studied by the Scientific Arts Foundation for the quantitative and measureable physiological and mental benefits provided by the fluid energies that flow from her harp and penetrate both body and soul.

Kathy Liebman, Touch for Health Kinesiology

Metabolic Kinesiology, Reiki and Massage

I met someone at a jewelry store who was given your cd during chemo for breast cancer. She said it got her through chemo. It brought tears to my eyes. I know how special your music is and to know it is touching others also is pretty amazing. She was in awe that I know Amy Camie and she went on to share how your music helped her. It was a beautiful experience. - **Karen**

I just want to say, **Thank you for your music - it's Unearthly.** I've never really listened to harp music before; I came across your album (The Magic Mirror-Inspired Reflections) by accident -- I guess it was my lucky day :-) I bought it instantly.

I love it. It makes my days and nights so much better. -- Thank you for that. - **Marcin**

"The Magic Mirror" definitely works! I also listen to it every day....

It's strange, but somehow your music changes my perception of... everything actually -- like it's revealing the true face of life; it's magical beauty....I can't thank you enough for this :-)

Testimonials for “The Magic Mirror” Solo Harp CD

For more information: www.amycamie.com

I have been through two open heart surgeries and three brain surgeries and a serious car accident and five heart attacks just last year. My pain is incredible to say the least. Amy gave me her music and her love. She has helped me so much through not only the music but her faithfulness as a true friend. Thankfully Amy saw this when I spoke to her about her music. I am so grateful that she went above and beyond the focus of just cancer patients. She sent me her CD's to listen to. I now listen to them every day. The most effective CDs for me are “New Love” and “The Magic Mirror.” ***I am able to slow my heart rate down, and then become calm. The vibrations of the harp music are intense to me. They flow into my inner core and I can FEEL it all. That is how I am able to concentrate on the music and not my pain.***

The most incredible thing is, is that I am able to control my heart rate and my pain through her music and not through drugs.

Amy's music has given me life. She and I talk through e-mail, though not often enough. I am able to call her, and her words to me over the phone are just as inspirational to me as her music. Amy truly believes in what she does. What Amy has done for me and so many of my friends that I have shared her music with is incredible. Her heart is huge. I just thank her for what she gives me.
- **Paula Clark**

It is my pleasure to play your music. I don't have any CD's here at the CC. There is one out at the Clarkson location, and there were 2 or 3 different patients who recognized you as soon as the music started and they were so thankful to enjoy your music along with their massage. Honest!

They would comment about the peace and beauty several times throughout the massage. One of them was a man! ---and guys usually don't comment about the music!

So. I want MY OWN...to take with me wherever I need them! God Bless you Amy, and thank you for bringing them in!

Aljay, Massage Therapist
David C. Pratt Cancer Center

Last Christmas I gave my mom your Magic Mirror CD and as it turned out, she played it for my stepdad during his final days with us this past September. **I want you to know that your music helped him transition in the most peaceful and loving way. There was no anxiety, no discomfort... just peace. Your music did that.** My mom couldn't be more thankful and is ordering your music for gifts. Thank you for your generous discount for the holidays. There will be several Hospice care workers as well as family who will be enjoying your wonderful music for a very long time. May many blessings be yours now and always,

Rhonda Choate, MedNet, Inc.

Testimonials for “The Magic Mirror” Solo Harp CD

For more information: www.amycamie.com

YOUR MUSIC HAS HAD AN INCREDIBLY POSITIVE EFFECT ON MY MENTAL HEALTH AND WELL-BEING.

Your music is not only beautiful, it is soothing, relaxing and most importantly calming.

Mike Fayette, President (Volunteer), Voices of the Wounded Foundation

Retired, US Army, March 1982 – March 2013 (31 years 1 month)

Subj: Re: Fwd: idea for returning veterans

Date: 7/4/2008

Hi Amy, I'm currently deployed and will be for the next 5 months. I was curious to know if the organizations you work with **WOULD BE WILLING TO PUT TOGETHER A CARE PACKAGE INCLUDING YOUR CDS FOR THE TROOPS HERE. WE HAVE A LOT OF SLEEP AND ANXIETY AND STRESS PROBLEMS IN THE CLINIC HERE.**

Jessie, Combat Stress Control, Iraq

The results I received from the men in the military (St. Louis) were that they enjoyed the music. It made them relax and feel calm after listening to it. Many of the clients would rather have used it when they were in therapy because they felt uncomfortable leaving their family out of the process. **SEVERAL STATED THAT THEY COULD LISTEN TO IT AND PROCESS THEIR FEELINGS RIGHT AWAY RATHER THAN WAIT TO TALK ABOUT IT LATER.** *The men also found that when they needed to calm down from daily changes since Iraq, they would use it to help them...* - **Twana Cooks – Allen, Ph.D.**

Dear Amy,

I'M THE OUTREACH MANAGER FOR THE COMBAT STRESS TEAM HERE IN COB ADDER, IRAQ. Me and my team we're cleaning up some old materials as we transitioned to our new place of deployment when we came across your old letter to Jessica, one of the Airman that was here exactly a year ago. The letter was given to me because **I'M THE OUTREACH MANAGER AND WAS ASKED IF I CAN CONTACT YOU TO GET SOME SORT OF RELAXATION CD FOR OUR TROOPS.**

As we're entering our third month of deployment, we are seeing more soldiers with stress, anger, and anxiety problems (please refer to this site for current statistics: www.defenselink.mil)....**DO YOU STILL HAVE THE CD THAT WE CAN GIVE TO THE SOLDIERS?** *It will be greatly appreciated. Anything that they can have to help them relax and will be accessible for them after a long hot working day!*

Thank you so much.

- **Capt D,**
Combat Stress Control/Outreach Manager

Testimonials for "The Magic Mirror" Solo Harp CD

For more information: www.amycamie.com

I wish to tell you how much I appreciate your wonderful Magic Mirror CD. It has helped me sleep which has been a problem for me for decades!!! Thank you for your talent and research! - **Barbara**

I'm at the 6th day of listening to your CD.... I am making a kind of diary where I put the feelings and observations...I want to tell you that ***this is really special music, apart from the scientific research... It's a divine experience!!!*** On the first day I felt something "moving" on my brain, and I didn't notice the time running... I really felt like I was gone from my body... On the second day I felt some "presences"... After the third day, I experienced an amazing feeling inside my belly (plexus solar chakra) and I cried, mostly with joy and smiled a lot... Sometimes I do reiki while listening... A very curious notice I must tell you: my son, on the first day he listened to the music he was so curious that he sometimes opened his eyes and he described to me something that he saw coming from the place where the music was... He saw bright light and it was like a small "angel"... This was amazing! (he sometimes sees some "light beings" or spirits, but never described this)...***Now, he and his little sister fall asleep after the first 3-5 minutes... :)*** I especially enjoy and have more sensations after minute 20....Love and Light, - **Branca Amorim**

I just had to share with you- **my granddaughter has hydrocephalus** (she is 8 weeks old) She is a very poor eater. I watched her all day yesterday and put on "The Magic Mirror" while I fed her and she ate wonderful. **She usually takes 3 ounces tops and took 5 ounces listening to your cd.** Thanks for sharing your wonderful gift.
- **Karen Strickfaden, RN**

Just want you to know how much Amy's music means to my niece Vicky and her daughter Amanda. **We moved her to Provisions Living Hospice Respite** apartment last Friday. We have a boom box next to her hospital bed and **Amy's harp is soothing her fears and her pain.** We had picked up 1 disc at Cancer Care AMH and then, we had two others in our collection at home. Please let Amy know how much her ministry means to our family. **Let Amy know that her music is doing as much good for the caregiver as the patient.** - **Martha**

For about a year, I have played Amy Camie's harp CDs in my nurse's office at Craig Elementary. ...the music helps our students to relax and rest more readily while in my office. This music provides a calming atmosphere in what can often be a very hectic environment. It also helps keep me calm! **I would recommend this music to any healthcare practitioner who is interested in providing a calm and restful atmosphere in their work environment.** - **Keri B. Lee, RN, BSN, NCSN**

Testimonials for “The Magic Mirror” Solo Harp CD

For more information: www.amycamie.com

It's a beautiful day here in NKy, but I'd been too busy caring for sick family to enjoy. Finally at 5:30, there was a spot of sun left in the gazebo, so before staring dinner, ***I sat in the sun with my feet up and listened to Magic Mirror to recharge my batteries.*** I was transported into a goddess' garden with an alchemical pool of golden rainbow healing water that was conscious and had the intelligence to bring me exactly what I needed to rejuvenate and regenerate. ***The visions of being cared for and nourished in the peaceful place were wonderful. Thank you for 20 minutes of magic and restorative bliss!!*** Love & Hugs, - **Laura**

As an author and educator on the use of guided imagery in the medical world,

Amy's music has been phenomenal in providing a supportive foundation for many.

Because it is ONLY when a person feels strong enough on the inside that they can ever then find the strength to "rebuild" ... and actually "lift" themselves up to a newer and healthier place! What better gift can any musician give but a heart that is filled with the intention to heal? Thank you Amy, for all that you do to "gift" us just that!

- **Sandy Jost, PhD**

I work within the breast cancer community in St. Louis and have had countless miraculously positive experiences with the Scientific Arts Foundation, specifically Amy Camie and her music. I will TRY to condense these experiences to specific venues. Most importantly, ***Amy has gifted me with CD's to put into the hands of patients struggling with the side-effects of breast cancer treatments. The stories I have heard as a result of my clients' experiences with this music is beyond profound.*** I have chills all over my body and tears in my eyes as I recall some of the stories; sleep achieved with the help of her music made many of my clients feel more able to move through the rest of life (motherhood, professional, wife, friend) more peacefully and feeling more 'like themselves'. Amy has presented to all of the support groups/ educational programs I have ever requested. Everyone loves her and feels the spirit of her intention instantly. I've witnessed miracles within these 'presentations' as well...tears and joy too. Some women, feeling consumed by sadness or anger, felt relief as she played her music for them in person. A day after one of Amy's presentations, a woman I knew for years struggled with grief and anger said she resisted coming to the Amy's talk because she only liked the 'clinical' presentations to keep up with research, etc. She said with tears in her eyes, ***"I felt different after Amy played. I took her CD and played it when I got home. I cried tears that I hadn't allowed and slept more deeply than I have in years. I plan on making her music a part of my every day, thank you."*** With years of stories like this one accumulated in my heart, it's difficult to put into words the "experience" I've had with Amy and the Scientific Arts Foundation. I also want to note I appreciate the foundation's commitment to clinically document the effects of the music...I know that is what it will take to get it into the hands of more cancer patients and others who would benefit. As a caregiver, I use The Magic Mirror and the other CD's as a way of taking care of myself. - **Michelle Casey**

Testimonials for “The Magic Mirror” Solo Harp CD

For more information: www.amycamie.com

The Magic Mirror, a CD for patients going through chemotherapy to promote healing, is fabulous.

This is possible due to Amy Camie and the Scientific Arts Foundation. We have had great feedback from our patients about this CD.

Michelle Keating RN, OCN

St. John's Mercy Medical Center Cancer Information Center

Amy Camie is a living angel. We are a hospice organization, and we have all of Amy's CD and use them all the time with our patients and families. Music has always been a source of comfort and enjoyment for most people, but

Amy's harp music is therapeutic and holistic... the body, mind and spirit in rhythm.

She made a personal visit to one of our patients who stuffed all her emotions inside. While Amy played for her, the patient had an emotional release and wailed for quite some time. Amy just continued to play. She stopped playing when the patient stopped wailing and had drifted off into a deep sleep. The patient's response to the music was a life changing experience for one of our nurses present. It touched Amy too, and was an awesome example that what she is doing at the Scientific Arts Foundation is what she needs to continue doing in the art of music and healing.

Mary Magill, Founder, Alternative Hospice

As a researcher and individual who has come to value the work that the Scientific Arts Foundation is accomplishing on a person to person level, I am amazed that cancer is still around. The director, Amy Camie, is so dynamic and purpose driven that with such great energy behind the SAF efforts it seems that cancer does not stand a chance...and

when it comes to the dramatic research they are doing it seems that a cancer trouble spot, "chemo brain," can be lessened significantly.

My hat goes off to the efforts of the SAF for their public educational seminars, low cost distribution of research music proven to reduce chemo related stress, personal intervention on a case by case basis and of course the time and talent of the director, Amy Camie.

- **Deborah Burnett, ASID, CMG, AASM**

Leading authority in EPIGENETIC Design

What a glorious gift! I'm up at 3 a.m. meandering around annoyed with my body's inability to sleep through the night just now -- **I had a mastectomy on Friday** (a new small cancer showed up and the surgery should take care of it) -- **and what I most needed this minute was your video and soul-cleansing music.** THANK YOU.

Testimonials for "The Magic Mirror" Solo Harp CD

For more information: www.amycamie.com

REVIEWS FROM CDBABY

where people can purchase the music online



rosemary rovick

excellent cd

I bought the cd for myself and another I shared with a friend who is recovering from a traumatic brain injury and a friend who is being treated for breast cancer. They are both enjoying it immensely.



Kevin Ferris,
MSW, LCSW

Wonder-full listening experience - will use with clients.

Amy's done it again - this CD opened my heart and I find myself playing it often, especially when I'm working in my office and on my finances - it heads tension off at the pass! I've had success with Amy's "New Love" CD in reducing anxiety in clients, and I intend to use "The Magic Mirror" to the same purpose. It truly is a wonder-full listening experience!



Mary Ann
DeMoor

Nurse, Ordained Minister, Hypnotherapist

I have 4 different examples of the powerfully gentle effect of The Magic Mirror CD- My sister is a Missionary in Bolivia working with young girls, troubled by life experiences. One girl I call my adopted godchild, as she seemed to need a spiritual godmother. She by description was anxious and noncompliant to even the everyday happenings, restless and tormented. She was offered a space of quiet with the melodious sounds of this Harp Music as a background, shortly much to the teachers surprise, she fell asleep. I anxiously await more wonderful news from her. Thanks so much.

The second is very personal, I am at a very energetic job and at times winding down after long hours is difficult. I decided to turn off the TV and listen to the music of The Magic Mirror, I remember nothing further, I just remember being refreshed in the morning. Now it is very frequently used. Thanks so much.

My youngest sister who recently experienced the tragedy of the suicidal loss of her only son. She came to my house a month after the funeral. I had her room set up and had my cd player on repeat so that the music of The Magic Mirror was always her background. It not only provided her with a peaceful environment, but also helped her so much in getting sleep in somewhat restless nights.

The last experience is about a dear friend of many years who comes a long distance to visit in my home where she finds peace and tranquility. She too had the Magic Mirror experience and woke up very refreshed and more relaxed. Thanks so much it is such a blessing, and so are you.

Testimonials for "The Magic Mirror" Solo Harp CD

For more information: www.amycamie.com



Amy Camie "The Magic Mirror-Inspired Reflections"

Laura

What a wonderful, relaxing cd! I've found it to be a great source of non-intrusive, yet soothing background music in my house and office. I play it for hours every day. I find that it not only is soothing to the soul, but it helps me to focus more clearly on my work. I can go through the business day much easier, without becoming stressed. Also, my niece has found it helps her newborn to fall asleep more easily.

I was so pleased with "The Magic Mirror-Inspired Reflections", I bought five more to give away as Christmas presents this year. That wasn't enough though... I'm planning on buying several more. They make wonderful gifts for just about everyone!



The Magic Mirror is miraculous

Bonnie Snyder,
Ed.S., CPC

I love all of Amy's CDs. They all give me a sense of wellbeing and calm. I feel soothed after listening. Amy has a very special connection that is divinely inspired through her music. I have not sold A CD of Amy's or given one as a gift to anyone who has not loved her CDs and asked for more. The Magic Mirror is miraculous. I have listened to this CD to be inspired, when I have been so tired I didn't think I could do more and to rebalance when I have been upset. This is an amazing CD. If you want to feel balanced, healthy and calm this is a very powerful CD. The Magic Mirror CD is also a wonderful tool for those with friends or family who have physical or emotional dis-ease, helping the body move into a place of balance for healing.



The Magic Mirror

Nell Morris

The CD is everything I hoped it would be and more. As a therapeutic harpist, I found the music perfect for relaxation, meditation, and healing. I'm going to buy another one for my massage therapist for Christmas! Doing business with CD Baby was a pleasure! --Nell Morris, ACCM



The Magic Mirror

Margaret C Broad

This is beautiful, magical, wonderful, peaceful, healing music! I love it! Thank you Amie for sharing your gift. A Hundred thousand Blessings!